

**Yale School of Medicine**

*Department of Internal Medicine, Section of Cardiovascular Diseases*

*Department of Obstetrics, Gynecology & Reproductive Sciences*

# Reducing Disease Risk and Extending Life: Rethinking the Role of Menopausal Hormone Therapy

**Friday, October 27, 2017**

The Anlyan Center  
300 Cedar Street  
New Haven, CT



## Conference Faculty *subject to change*

### COURSE DIRECTORS

**Lawrence S. Cohen MD, FACC**

*The Ebenezer K. Hunt  
Professor of Medicine (Emeritus)  
Yale School of Medicine*

**Philip M. Sarrel MD**

*Professor of Obstetrics, Gynecology  
and Reproductive Sciences (Emeritus)  
Professor of Psychiatry (Emeritus)  
Yale School of Medicine*

### FACULTY SPEAKERS

**Jeffrey R. Bender MD**

*The Robert I. Levy Professor of Preventive Cardiology  
Professor of Internal Medicine  
Professor of Immunobiology  
Yale School of Medicine*

**Lee S. Cohen MD**

*The Edmund and Carroll Carpenter Professor of Psychiatry  
Harvard Medical School*

**Mary Jane Minkin MD**

*Clinical Professor, Obstetrics, Gynecology and Reproductive Sciences  
Yale School of Medicine*

**Hugh S. Taylor MD**

*Anita O'Keefe Young Professor of Women's Health  
Professor of Molecular, Cellular,  
and Developmental Biology  
Chair of Obstetrics, Gynecology and Reproductive Sciences  
Yale School of Medicine*

### Impact on Healthcare Professionals Knowledge and Patient Care

Although extensive information is available supporting the role of estrogens for primary care prevention of cardiovascular and other diseases in women after hysterectomy, this information is not widely known or appreciated by either healthcare professionals or women themselves. The first report of the Women's Health Initiative (WHI) estrogen plus progestogen findings in 2002 led to fear of all menopause hormone therapies. The 2004 WHI estrogen only (ET) findings in women who had a hysterectomy reported major benefits and minimal adverse effects of ET, but went largely unnoticed. Despite these positive findings, use of ET after hysterectomy steeply declined from more than 90% to less than 10%. Not using ET has left millions of women with menopause symptoms untreated and at increased disease risk. More than 50,000 deaths largely due to cardiovascular disease, have been attributed to non-use of ET after hysterectomy.

This Symposium aims to increase knowledge about the risks of untreated estrogen deficiency and about the efficacy and safety of ET. We hope this increase in knowledge will lead more healthcare professionals to recognize and evaluate their women patients for estrogen deficiency and to consider prescribing ET or referring to a specialist who is trained and experienced in menopause healthcare.

## Conference Schedule *subject to change*

This conference is being held at The Anlyan Center for Medical Research and Education, 1st Floor Auditorium, 300 Cedar Street, New Haven, CT.

- 7:30 AM Registration and Continental Breakfast
- 8:30 AM Welcome and Introductory Remarks  
*Lawrence S. Cohen MD, FACC  
Michelle Robson (special guest: "A Woman's Voice")*
- 8:50 AM Mood Disorders and Estrogen Therapy  
*Lee S. Cohen MD*
- 9:30 AM Protecting Your Patient's Heart  
*Jeffrey R. Bender MD*
- 10:00 AM Assessment of Hormone Therapy: Update  
*Philip M. Sarrel MD*
- 10:40 AM Refreshment Break
- 11:00 AM Estrogen Therapy/Estrogen and Progesterone Therapy and Breast Cancer  
*Hugh S. Taylor MD*
- 11:40 AM Helping Patients  
*Mary Jane Minkin MD*
- 12:20 PM Panel Discussion: Challenges to Care  
*Jeffrey R. Bender MD; Lee S. Cohen MD; Mary Jane Minkin MD; Philip M. Sarrel MD; and Hugh S. Taylor MD*
- 1:00 PM Closing Remarks and Adjourn

## Learning Objectives

Participants in this course will be able to describe:

- ~ The increased risk of cardiovascular disease, unusual symptoms, and increased mortality experienced by women who have had a hysterectomy, with and without oophorectomy
- ~ The increased risk for mood disorders related to surgical and natural menopause and the effectiveness of hormone therapy for treating these symptoms
- ~ The importance of early intervention with estrogens for controlling symptoms and for the primary prevention of cardiovascular disease in women
- ~ Recent assessments of estrogen therapy in support of its use for the prevention of cardiovascular disease, reducing the risk for developing breast cancer, and lowering mortality rates
- ~ An approach to evaluation and treatment of menopausal patients in their practices
- ~ Challenges and solutions to improving menopause health care

## Registration Information

PLEASE NOTE: You must register online. This informational panel is not a registration form.

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Register online, at [cme.yale.edu](http://cme.yale.edu)

#### ONLINE REGISTRATION INSTRUCTIONS:

1. Click “Our Offerings”
2. Go to “Live Courses”
3. Scroll down and select “*Reducing Disease Risk and Extending Life : Rethinking the Role of Menopausal Hormone Therapy*”
4. Click the “Register” link in order to proceed

*Please note: You will be required to login or create a profile to register*

**OR**, Please scan the image at right (QR Code) with your Smartphone or Tablet to be directed to the conference homepage and proceed with Step 4.



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#### REGISTRATION FEES

Registration fee\* includes all conference materials, continental breakfast, and refreshment break:

Physicians - \$125

Nurses/PAs/Allied Health Professionals - \$75

Non-Yale Residents/Fellows/Students† – \$50

Yale Residents/Fellows/Students – complimentary, ID required at registration desk

★Registration must be completed online. Please see above Online Instructions to complete the registration process.

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*\*All cancellations must be received in writing (or via e-mail) at least one week prior to the start of the conference to receive a refund. Any requests for refunds received after this date, or by telephone, will **not** be honored.*

*†A letter of verification from department head must accompany registration. Letter should be sent separately to Yale CME at the below address. You may also e-mail a pdf copy of your verification letter to [cme@yale.edu](mailto:cme@yale.edu).*

Center for Continuing Medical Education

Yale School of Medicine

333 Cedar Street

P.O. Box 208052

New Haven, CT 06520-8052

★Registration must be completed online.

If you have any questions, please contact Yale CME at [cme@yale.edu](mailto:cme@yale.edu) or 203.785.4578.

# Details

## ACCREDITATION STATEMENT

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

## DESIGNATION STATEMENT

The Yale School of Medicine designates this live activity for a maximum of 4.25 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## FINANCIAL SUPPORT

The Yale School of Medicine, Department of Internal Medicine, Section of Cardiovascular Diseases and Department of Obstetrics, Gynecology and Reproductive Sciences are grateful to their supporters. They are acknowledged in all conference materials.

## DISCLOSURE POLICY

It is the policy of Yale School of Medicine, Continuing Medical Education, to ensure balance, independence, objectivity and scientific rigor in all its educational programs. All faculty participating as speakers in these programs are required to disclose any relevant financial relationship(s) they (or spouse or partner) have with a commercial interest that benefits the individual in any financial amount that has occurred within the past 12 months; and the opportunity to affect the content of CME about the products or services of the commercial interests. The Center for Continuing Medical Education will ensure that any conflicts of interest are resolved before the educational activity occurs.

## DIRECTIONS

This conference will be held at the Anlyan Center for Medical Research and Education, 1st Floor Auditorium, 300 Cedar Street, New Haven, CT.

From I-95 North or South: Leave I-95 at Exit 47 (Downtown New Haven/Rte 34). This puts you onto an exit expressway. Merge onto CT-34 W via Exit 1 toward Downtown New Haven. Follow the short expressway, and merge into the left lane after the traffic light; the entrance to the parking garage will be on your left. Visitor parking available in Air Rights Garage (see parking information below) or use the Howard Avenue Garage (see below).

From I-91 South: Leave I-91 South at Exit 1 (Downtown New Haven/Rte 34). This exit puts you onto a short expressway. Follow the short expressway, and merge into the left lane after the traffic light; the entrance to the garage will be on your left. Visitor parking available in the Air Rights Garage (see parking information below) or use the Howard Avenue Garage (see below).

## PARKING INFORMATION

The Air Rights Garage is open 24 hours a day and located between North and South Frontage roads, straddling York St. Rates: 0-3 hours - \$3 per hour, 4-10 hours - \$12 flat rate, 10-24 hours - \$18 flat rate. Walking from the garage, head southwest on York Street toward Cedar Street, for approximately 80 feet. Turn left onto Cedar Street. Continue down Cedar Street until you arrive at the intersection of Congress Avenue and Cedar Street. The Anlyan Center will be across the street.

Howard Avenue Garage, 800 Howard Ave, New Haven, CT 06519, opposite from Yale-New Haven Hospital and next to the Yale Physicians Building. The garage is located in between the streets of Davenport and Congress. It is open from 6 am to 9 pm during week days only. Rates: \$2 per hour. Walking from the garage, head south toward Congress Avenue for approximately 300 feet. Turn left onto Congress Avenue and continue walking until you arrive at the intersection of Congress Avenue and Cedar Street. The Anlyan Center is located at this intersection.