



Yale Psychopharmacology Master Class:

Focus on Depression

Friday, September 26, 2025

Agenda

7:00 AM Registration and Continental Breakfast

7:50 AM Welcome and Introduction
Samuel Wilkinson, MD (Yale School of Medicine) and Gerard Sanacora, PhD, MD

8:00 AM Psychedelics and Mental Health: Boom or Bust?
Cyril D'Souza, MD (Yale School of Medicine)

9:00 AM Oral Rapid-Acting Antidepressants
Michael Edward Thase, MD (Perelman School of Medicine)

10:00 AM Novel Mechanisms in the Pipeline: Kappa Opioid Receptor Antagonists, KV7 Ion Channel Modulation, AMPA Receptor Modulation
Manish Jha, MD (UT Southwestern Medical Center)

10:30 AM Panel Discussion: *Samuel Wilkinson, MD; Cyril D'Souza, MD; Michael Edward Thase, MD; Manish Jha, MD; Gerard Sanacora, PhD, MD*

11:00 AM Refreshments/ Break

11:15 AM Workshop Sessions

- a. An Update on Neuromodulation (Rose Room)**
Rachel Katz, MD (presenter); Samuel Wilkinson, MD (moderator)
- b. Peri-Partum Depression: An Update on New Therapies (Lily Room)**
Kristina Deligiannidis, MD (presenter); Tara Thompson, MD (moderator)
- c. New Schizophrenia Medicines (Paradise Room)**
AI Powers, MD, PhD (presenter); Cyril D'Souza, MD (moderator)

12:15 PM Lunch

1:00 PM Ketamine and Esketamine: An Update
Samuel Wilkinson, MD (Yale School of Medicine)

2:00 PM Refreshment Break

2:15 PM Digital Therapeutics
Samuel Wilkinson, MD (Yale School of Medicine)

3:15 PM Smart Phones, Social Media, and Mental Health: What Should Clinicians Know?
Marc Potenza, MD, PhD and Samuel Wilkinson, MD (Yale School of Medicine)

4:00 PM Closing Remarks/Adjournment
Samuel Wilkinson, MD (Yale School of Medicine)