



# Yale Psychopharmacology Master Class:

Focus on Depression

Friday, September 26, 2025

## Agenda

- 7:00 AM Registration and Continental Breakfast
- 7:50 AM Welcome and Introduction  
*Samuel Wilkinson, MD (Yale School of Medicine) and Gerard Sanacora, PhD, MD*
- 8:00 AM Psychedelics and Mental Health: Boom or Bust?  
*Cyril D'Souza, MD (Yale School of Medicine)*
- 9:00 AM Oral Rapid-Acting Antidepressants  
*Michael Edward Thase, MD (Perelman School of Medicine)*
- 10:00 AM Novel Mechanisms in the Pipeline: Kappa Opioid Receptor Antagonists, KV7 Ion Channel Modulation, AMPA Receptor Modulation  
*Manish Jha, MD (UT Southwestern Medical Center)*
- 10:30 AM Panel Discussion: *Samuel Wilkinson, MD; Cyril D'Souza, MD; Michael Edward Thase, MD; Manish Jha, MD; Gerard Sanacora, PhD, MD*
- 11:00 AM Refreshments/ Break
- 11:15 AM Workshop Sessions
- a. **An Update on Neuromodulation (Rose Room)**  
*Rachel Katz, MD (presenter); Samuel Wilkinson, MD (moderator)*
  - b. **Peri-Partum Depression: An Update on New Therapies (Lily Room)**  
*Kristina Deligiannidis, MD (presenter); Tara Thompson, MD (moderator)*
  - c. **New Schizophrenia Medicines (Paradise Room)**  
*Al Powers, MD, PhD (presenter); Cyril D'Souza, MD (moderator)*
- 12:15 PM Lunch
- 1:00 PM Ketamine and Esketamine: An Update  
*Samuel Wilkinson, MD (Yale School of Medicine)*
- 2:00 PM Refreshment Break
- 2:15 PM Digital Therapeutics  
*Samuel Wilkinson, MD (Yale School of Medicine)*
- 3:15 PM Smart Phones, Social Media, and Mental Health: What Should Clinicians Know?  
*Marc Potenza, MD, PhD and Samuel Wilkinson, MD (Yale School of Medicine)*
- 4:00 PM Closing Remarks/Adjournment  
*Samuel Wilkinson, MD (Yale School of Medicine)*